



Compton College District – Health Benefits Committee

Meeting Minutes

Meeting Date: February 26, 2018

Meeting Time: 1:00 pm – 2:00 pm

Vision

Compton College will be the leading institution of student learning and success in higher education.

Mission Statement

Compton College is a welcoming environment where the diversity of our students is supported to pursue and attain academic and professional excellence. Compton College promotes solutions to challenges, utilizes the latest techniques for preparing the workforce and provides clear pathways for transfer, completion and lifelong learning.

Meeting Participants

Angela Boyer
Kayla Ellis
Travis Martin

Donald Roach
Rachelle Sasser

Absent from the Meeting

Reuben James
Robert Joiner
Rashid Yahye

Meeting Minutes

➤ **Welcome**

Committee co-chair, Rachelle Sasser welcomed the committee and provided an overview of committee meeting frequency during the 2016/2017 academic year. She discussed the mandatory requirement for regular meetings and attendance, noting that full meeting attendance has been an issue for some despite the schedule has been provided. Ms. Rachelle Sasser polled the group for a consensus of meeting regularity and meeting date/time schedules to cover 2018 meeting requirements.

Action Item: The Health & Benefits Committee will begin meeting on a quarterly schedule.

➤ **Employee Wellness Program – Committee Member Reports**

Action items for individual report outcomes from the various committee members were discussed. The task was that each committee member would investigate and identify within their health care provider the wellness programs sponsored and provide a report to the committee. The objective was to evaluate which features could become a viable part of incorporation into an employee wellness program to be offered by the District.

Action Item Results:

Angela Boyer /Travis Martin	Work together in contacting United Health Care to see what they have available for a wellness program and be prepared to make a presentation to the committee about their findings.	Travis Martin reported that United Health Care only supplies information to their service members. This agency has no provisions for supplying information to outside members.
Kayla Ellis	Contact Anthem Blue Cross PPO Select to determine if the carrier has any health & wellness offerings that can be incorporated into the District sponsored employee wellness program. Be prepared to make a presentation to the committee concerning her findings.	1. Kayla Ellis reported that Anthem Blue Cross PPO Select, on the cuff of things, does not offer open informational access to non-subscribed members. She stated that as Ms. Boyer and Martin learned, simply contacting the provider offered limited access to an individual who could assist in developing something instrumental that would be deemed useful as it relates to the committee’s employee wellness focus.

<p>Kayla Ellis (Cont)</p>	<p>Specifically, she continued, those not assigned to an individual plan don't fall under the plan's membership package offerings because focus items are essentially designed to set that plan apart from (or at least in line with) other competitive plan offerings.</p> <p>2. Kayla Ellis stated that based upon initial findings, she took a next step in the direction of contacting the CalPers Regional Account Representative, Shannon McKaughan, explaining the focus of the committee and asked for assistance in discovering what could be collaboratively offered to the District in lined with the Health Benefits Committee employee wellness focus.</p> <ul style="list-style-type: none"> ➤ Ms. Ellis informed that discussions with Ms. McKaughan proved very instrumental in the formation of collaborative CalPers affiliate providers who are eager to contribute to periodic group offerings in terms of scheduled seminars or round-table events on various health care topics. Ms. Ellis noted that topical discussions that are different from plan solicitation efforts can be synchronized under the CalPers affiliate umbrella that are specific to health issues could be formatted to provide industry standard health care information to a wider range of people not associated with any one group plan. ✓ Ms. Ellis added that the committee/District could determine which topics are of greatest employee interest and that sessions could be arranged based upon a bit of coordination from the committee and employee pre-sign-up efforts. She concluded by stating that a method such as this would be best served in providing a well-established group of District attendees. ✓ Ms. Ellis finalized her information report by suggesting that in providing quarterly, or even semi-annual health topic discussion seminars, the District could establish an interest base before asking the health participants to come to our campus. She reasoned that we could perhaps garner continued interest from the vendors as we continue in establishing a wellness attendance climate for District employees. ➤ Ms. Ellis briefly discussed the e-mail responses eagerly coming from CalPers plan collectives who responded to the call of Shannon McKaughan, and which health care topics they were able to address in a combined group setting without the requirement of plan membership. She recommended that the District sponsored employee health awareness fairs offer healthy living topics on either a quarterly or semi-annual basis that will avail all district members to group topic informative sessions based upon the responses being received. ➤ Ms. Sasser commented that a Classified Employee Staff Development Day was approaching and that it would be a great ideal to have some of this information incorporated into that event. She directed Ms. Ellis to provide the information to her assistant, Pilar Hoffman, provide her with contact information from CalPers, and to see what can be done by attending one of the meetings associated with that event. 	
<p>Donald Roach</p>	<p>Contact the two main health insurance carriers and find out what links are available that relate to: diet, diabetes, high blood pressure, weight control, high cholesterol and smoking cessation. Research whether or not informational discovery is accessible to all employees of the District or by a plan-by-plan basis.</p>	<p>Health insurance carriers have their individual websites about certain health topics. The thought is that the District could send out a blast to the employees so if they are interested in a topic the employee could access the website. The only thing is that they may have to be a member of the plan to get enough information about the health information for which they show an interest.</p>

➤ **Health Fair Participation**

Committee co-chair, Rachelle Sasser, informed the group that the Professional Development Committee is structuring a Week of Health on campus with a big kick-off occurring in May, 2018. She advised that the committee is scheduled to meet for their third meeting on Thursday, March 1, 2018 at 1:00 pm.

The Health Benefits Committee members will combine efforts with those established by the Professional Development Committee this year.

The committee members present agreed that there should be an establishment of an Annual Wellness Fair each year. Logistical platforming, should include: registration and sign-in session, eye exams, blood pressure, blood typing, weight and weight control informative sessions, and the like.

Action Item(s):

- ✓ Dr. Roach and Mr. Joiner are assigned to be a part of the Professional Development Committee endeavor this year and will bring back any collaborative ideas that can also be structured and/or reinforced inside the structuring of an Annual Wellness Fair.

➤ **Meeting Conclusion**

The Health & Benefits Committee Meeting concluded at 1:50 pm.

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Meeting minutes transcribed by Kayla Ellis