



COMPTON CENTER HEALTH & BENEFITS COMMITTEE MEETING MINUTES MARCH 26, 2015, 12:00 P.M.

Members Present:

Angela Boyer
Kayla Ellis
Rachelle Sasser
Jose Villalobos

Members Not Present

Reuben James
Robert Joiner
Christopher Halligan
Mohammad Khalilzadeh

1. COMMITTEE GOALS & OBJECTIVES

- R. Sasser opened the meeting with an update of previous agenda items and inquiries relative to new focus points for the committee to consider for 2015/2016.
 - Rates for fiscal year 2015/2016 benefit packages have increased slightly as follows:
 - ✓ MES is up by 14 percent.
 - ✓ Delta Dental had a marginal increase of 0.8 percent.
 - ✓ Delta Dental and MES were able to provide renewal with a rate pass. This means that our rates will remain the same for the 2015-16 plan year.
 - New committee focus will be directed towards employee supported on-site health programs to promote wellness at the workplace.
 - ✓ R. Sasser encouraged committee members to think about goals they wish to achieve and to forward these goals to herself, with a copy sent to K. Ellis. She encouraged the group to think about any additional goals that they wish to achieve and to discuss these goals as a group.
 - ✓ R. Sasser introduced the focus of developing an employee centered wellness program for committee consideration. She noted that recent and on-going discussion with the Compton Center CEO appears favorable in collaborating with concrete development of on-site designated employee exercise equipment, spacing and wellness program designs. While a final decision has not been made, she noted that it is advisable for the committee to develop goals and objectives in this area for presentations which will support the provisions of on-site health program awareness.

2. DEVELOPING COMMITTEE AGENDA FOCUS

- New Committee focus will be directed towards employee on-site health and benefit programs.
 - **Establishing and Employee Centered Wellness Program**
 - ✓ Discussion covering wellness centered activities and objectives for Compton Center employees were discussed. Inclusive in the topics were designated areas where employees could go during scheduled breaks, lunches and/or after-hours in an effort to accentuate employee wellness.
 - ✓ The committee will review and provide input for wellness activities that should be included in topical discussion throughout the fiscal year 2015/2016.
 - ✓ Logistical and structural
 - **Employee Designed planned Scheduled Walking Sessions**
 - ✓ The members of the committee who were present agreed that a schedule can and should be designed around existing time parameters associated with contractual 15 minute breaks (2) and 30 minute lunch schedules so as not to impact work requirements and/or department expectations.
 - ✓ This topic remains open for discussion and logistical framing.

➤ **Employee Screening Promotions**

- ✓ R. Sasser noted that early screening, detection and treatment provides an individual with better chances of survival, and that the goals to promote wellness in this area are of a clear focus towards promoting positive employee situations.
- ✓ The goal of promoting employee screening opportunities encourages employee testing for mammograms, prostate cancer, colonoscopy, and other annual health testing /early detection sequences.
 - Many of the employees at Compton Center have Colonial Insurance products that provide reimbursements for annual testing (mammograms, etc.), and some are uninformed of this product benefit. It was recommended by R. Sasser that the Colonial representative be invited to provide a session on the benefit offerings of the Colonial product.
 - R. Sasser also recommended that American Fidelity be invited to provide a presentation for employees.

➤ **Campus Wellness Fair**

- ✓ The committee agreed to work on the development of an Employee Wellness Fair whose focus will be to provide information and screenings for Compton Center employees.
- ✓ R. Sasser informed that she has taken the liberty of contacting the vendor who helps with the El Camino main campus wellness fair. She noted that the fair is campus wide and appears to be quite successful in meeting its target objectives. The vendor represents Premier Expos, who puts on events for various companies at a no-cost base, as the cost is passed on to the vendors represented at the event. She noted that it might be advisable to schedule the Compton Center event the day before or the day after the El Camino event, which occurs sometime in mid-September. She will have more defined information after her meeting.
- ✓ This topic remains open for discussion and logistical framing.

3. OTHER COMMITTEE BUSINESS

Committee Meetings

- The Health and Benefits Committee Meetings will be scheduled for the 2015/2016 fiscal year for the fourth Thursday of each month from 12:00 p.m. until 1:00 p.m. in the Compton Center Human Resources Office conference room unless otherwise informed of a change.
 - ✓ The next scheduled meeting is set for Thursday, April 23, 2015.
 - ✓ All committee members should mark their respective calendars for the fourth Thursday of the month and plan to be in regular attendance at these meetings.

The Health and Benefits Committee Meeting concluded at 12:50 p.m. Next meeting is scheduled for April 23, 2015 at 12:00 p.m. Open agenda Items will reappear on the next agenda for continued discussion and structural framing.

/kse